



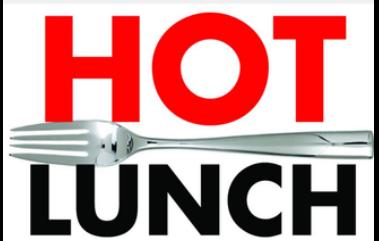
## NEWS UPDATE JAN. 19TH-23RD

### Upcoming Events

- Jan. 22nd-TEPA Meeting 6pm
- Jan. 23rd-24th-Girls Basketball Tourny
- Jan. 27th-Spirit Day-Tropical Beach
- Jan. 29th-Report Cards sent out
- Jan. 29th-No PreK/No Kinder Classes
- Jan. 30th-PD Day (No School)
- Feb. 5th & 6th-Teachers Convention-Schools Closed
- Feb. 10th-Spirit Day-Favorite Character
- Feb. 13th-Spirit Day-Red/Pink/White
- Feb. 16th-Schools Closed-Family Day
- Feb. 17th-No PreK Classes

### **SafeArrival**

#### Reporting your Absences



**Orders for February**

**Due. Jan. 22nd**

**Hot Lunch Order Link**

### Friendly Reminders

**Phone: 780-789-3776**

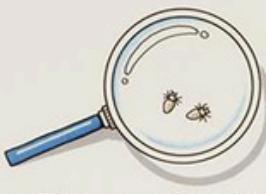
- Doors open at 8:10 am for drop-off; please do not leave your children unsupervised
- Any changes to end-of-day instructions for your children need to be reported to the office before 2:45 pm.
- School Drop-off and Pick up- **DO NOT** use Staff Parking, **do not block driveways** and be considerate of other drivers.
- **Do not use bus lane (8:00-8:30, 2:30-3:15)**
- **Birthday Treats:** Our school guideline is that treats must be commercially produced to ensure safety and lessen contamination.

### Volunteering

If you plan on volunteering at any point in the school year please be proactive and sign the Volunteer form on Powerschool. All volunteers need to sign the form. If you plan on volunteering for any fieldtrips please request a letter for the Vulnerable Sector Check (Criminal Record Check)

# lice are not nice.

(BUT ANYONE CAN GET THEM)



1. These are head lice... tiny insects that live on the scalp. (Shown 3x actual size)

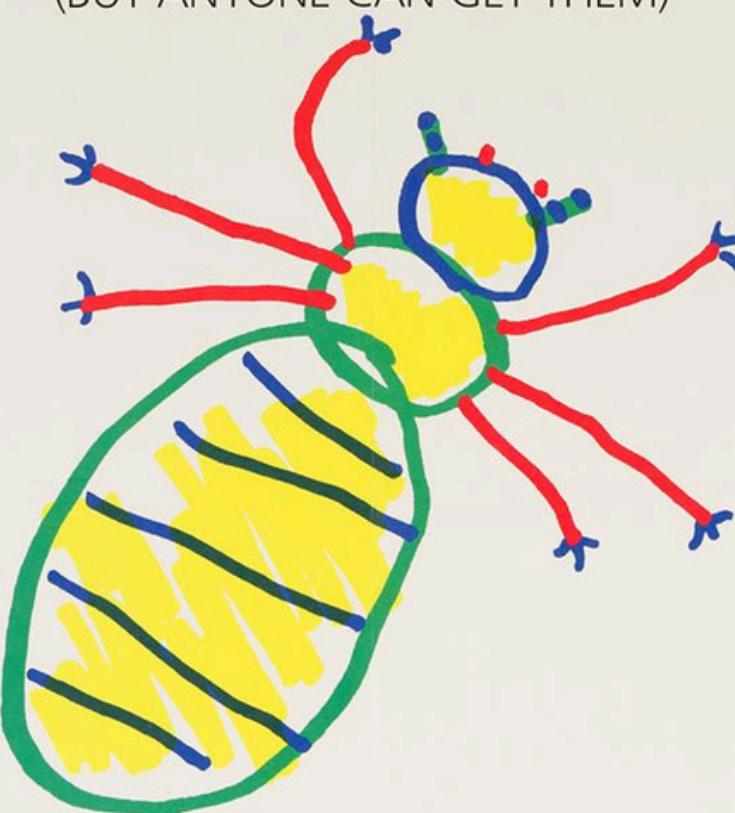


2. If you get lice, you may not be able to see them. But you'll feel them... because they make your head *itch*.

3. Lots of kids get lice, because they spread very easily even though they can't jump or fly.



4. So don't try on your friends' hats, scarves or other clothing, or borrow their combs or brushes.



5. If your head itches a lot, tell your teacher or the nurse right away.



6. You may not have lice, but they can tell if you do.



10. So you won't itch anymore!

9. Your parents will also wash or dry-clean your bedding and clothing, and use a special spray that kills lice on carpets and furniture.



8. Then they'll use a special comb to help get all the lice and lice eggs out of your hair.



7. If you do, your parents will wash your hair with a special shampoo the nurse recommends. It kills lice *fast*, but it won't hurt you.

THORSBY ELEMENTARY SCHOOL

# KINDERGARTEN

## DAILY HALF DAY PROGRAM

SAVE THE DATE

Registration Opened: January 5th, 2026

NEW

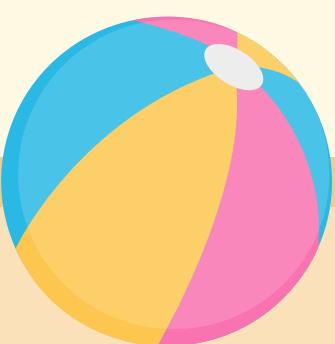
### BENEFITS OF HALF DAYS

- Supports how young children learn best
- Encourages consistent routines
- Builds strong social skills
- Supports emotional well-being

For more information visit <https://happykidschildcare.ca/home>.

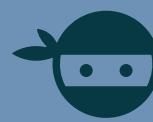
Thorsby School:

[thorsbychildcare@gmail.com](mailto:thorsbychildcare@gmail.com)



# ARCTIC SPAS REC COMPLEX

## PDDAY FIELDTRIP



### Fitset Ninja Laser City



9am-4pm



FRIDAY, JAN. 30<sup>TH</sup>

Warp Wall ■ Ninja Warrior Rigs ■

Salmon Ladder ■ Black Light Laser Tag ■

Flying Squirrel ■ Two Story Arena ■

Registration Required

**\$60, 7YR+**

**REGISTER NOW**

For a PD day field trip filled with mad ninja warrior rigs, strength challenging obstacle courses, & glow in the dark laser battles.



**780-789-4041**



4901-48Ave Thorsby AB



[thorsby.ca/recreation](http://thorsby.ca/recreation)



Arctic Spas Rec Complex

# MAD SCIENTIST CAMP

Thursday, February 5th  
10am-2pm



Looking for an electrifying way to spend your PD Day? Join us at Arctic Spas Rec Complex for a day of wild experiments and scientific discovery! Our Mad Scientist day camp is officially open for registration, and things are about to get messy (in the best way possible).

**Ages 7+**

**\$25**

**Lunch Included**

\*\*please pack ice skates, a helmet, and outdoor gear

**Scientists will make:**

- Fake fingers
- Slime
- Home made snow
- Giant DNA chains
- Atomic atoms



780-789-4041



[thorsby.ca/recreation](http://thorsby.ca/recreation)



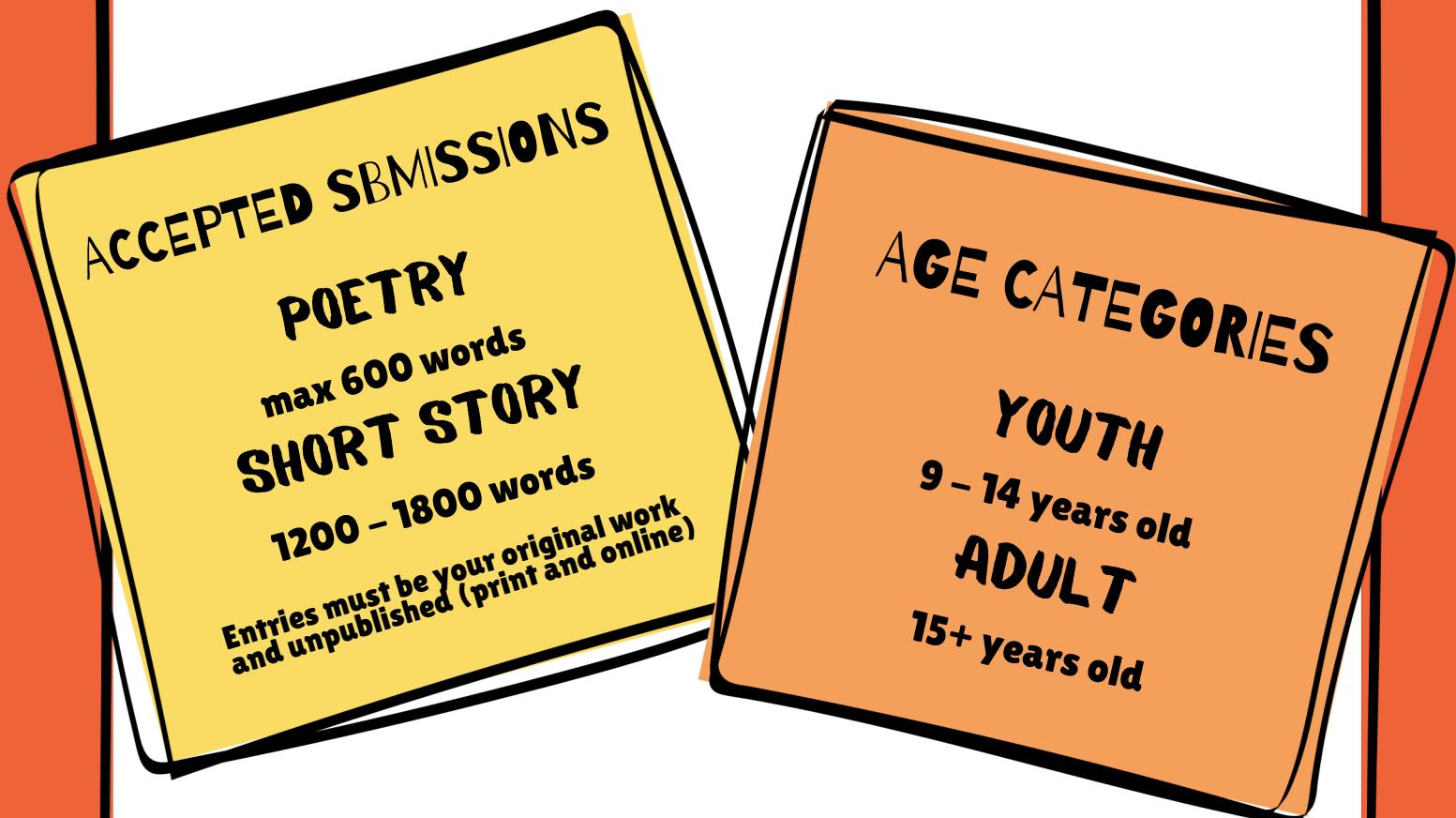
4901-48Ave Thorsby, AB





# CALMAR LIBRARY WRITING CONTEST

**SUBMISSION PERIOD:  
JANUARY 1 - FEBRUARY 27, 2026**



The writing contest is open to Calmar, Devon, Leduc, Thorsby, Warburg, Millet, and area residents. You can submit a maximum of one poem and one short story. Entries must be typed and submitted via email as attached Microsoft Word documents or within the body of your email.

**Questions?**

For a complete set of rules or more information, email: [circulation@calmarpubliclibrary.ca](mailto:circulation@calmarpubliclibrary.ca)

# Black Gold Early Intervention Pre-Kindergarten



## Our Early Intervention Pre-Kindergarten program intake is now open!

Do you have a preschooler who faces challenges like...

- following directions
- communication issues
- anxiety
- developmental delays

If yes - then early intervention is crucial.

Don't wait for things to get harder—take action now to give your child the best start to their education career. Invest their future success by applying for a screening to find out if your child can qualify for our Early Intervention Pre-Kindergarten (EI-PreK) program!

**Space is limited, sign up today!**

For more information, contact Early Childhood Services Coordinator **Rebecca Aiken** at [rebecca.aiken@blackgold.ca](mailto:rebecca.aiken@blackgold.ca)

[www.blackgold.ca/programs/pre-kindergarten](http://www.blackgold.ca/programs/pre-kindergarten)



# PLAY ON!

WE'LL HELP WITH THE SPORT  
REGISTRATION FEES.

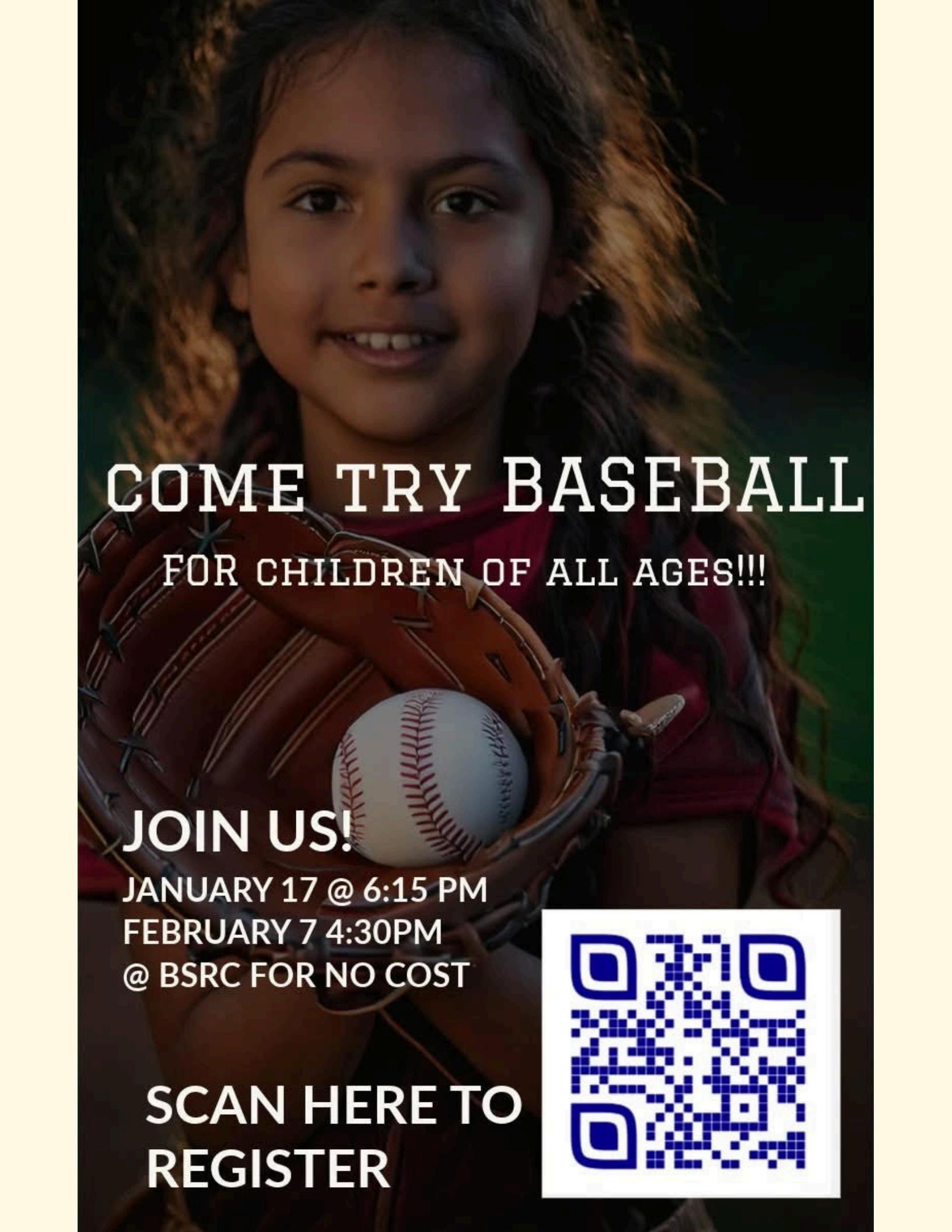
Alberta

**EVERY KID  
CAN PLAY**

A GOVERNMENT OF ALBERTA PROGRAM  
POWERED BY KIDSPIRIT



Your child could be eligible for a grant up to \$250 to help cover sport registration fees! Find out more at [kidsportcanada.ca/alberta/leduc-and-county](http://kidsportcanada.ca/alberta/leduc-and-county)



**COME TRY BASEBALL  
FOR CHILDREN OF ALL AGES!!!**

**JOIN US!**

**JANUARY 17 @ 6:15 PM**

**FEBRUARY 7 4:30PM**

**@ BSRC FOR NO COST**

**SCAN HERE TO  
REGISTER**





**LEDUC & DISTRICT**  
MINOR FOOTBALL ASSOCIATION

**U16, U19 (FEMALE TACKLE)**  
**U12 U14 U16 (SPRING FLAG)**



**REGISTER NOW**



[catsfootball.ca](http://catsfootball.ca)

# Relationship Skills Workshops

Relationship Skills is a series of four free workshops for adults designed to enhance participants' knowledge and skills to support healthy relationships with self and others. By registering, participants will receive one zoom link and are encouraged to attend any of the sessions.

*This workshop is delivered online; a reliable Internet connection required.*



## Upcoming Free Workshops

### Module 1: Relationship with Self

Knowing ourselves can help us define what is important to us in relationships. This workshop helps us to learn about ourselves through identifying our personal values. This can increase our ability to be more intentional about the choices that we make.

**Tuesday, February 3, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

### Module 2: Boundaries

Boundaries help us to support our sense of self as being different from others, empowering us to make choices within our relationships. This workshop looks at what boundaries are, where they come from and some skills to establish them.

**Tuesday, February 10, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

### Module 3: Enhancing Communication

This workshop explores communication methods and styles that can affect how our message is delivered and received. We will look at how to apply skills that can enhance the way we communicate with others.

**Tuesday, February 17, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

### Module 4: Listen to Understand

Listening skills improve our relationships by helping us to connect with others and their perspective. This workshop looks at skills that can help us to listen and respond with intention.

**Tuesday, February 24, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

For more information or help registering, contact: Kristin Gitzel at 780-955-6421 or [kristin@leduc-county.com](mailto:kristin@leduc-county.com)



Relationship Skills Series was developed by:  
Recovery Alberta, Mental Health Promotion & Illness Prevention in collaboration with North Zone Addiction & Mental Health.  
© 2025, Recovery Alberta  
Version: 01. June 2025. Email: [MentalHealthPromotion@recoveryalberta.ca](mailto:MentalHealthPromotion@recoveryalberta.ca)



### Dealing with hot flashes, night sweats, trouble sleeping or mood swings related to menopause?

Discover ways to help manage these symptoms through lifestyle changes, pelvic floor therapy, non-prescription and prescription therapy options including a detailed discussion on hormone therapy.

- ▶ **Date:** Tuesday, Feb. 10, 2026
- ▶ **Time:** 6 to 8 p.m.
- ▶ **Location:** Online - Zoom
- ▶ **Registration:** [leduc-county.com/managing-menopause](https://www.leduc-county.com/managing-menopause), call **780-941-2382** or email [taryn.garbitt@leduc-county.com](mailto:taryn.garbitt@leduc-county.com)

Deadline to register: **Feb. 6**



## Join the conversation!

Sessions will be facilitated by Melissa, a registered nurse at the Leduc Beaumont Devon Primary Care Network. Melissa grew up on a farm in Leduc County and has built her career in rural nursing.



## 65 Side Hustles

Join us for an interactive and fun workshop where you will be able to:

- ▶ Develop an understanding of the benefits to having a side hustle
- ▶ List out the logistics involved in starting a side hustle
- ▶ Know the basic tax responsibilities of earning extra income
- ▶ Identify various skillsets to know which of the 65 side hustles is best for you!

This interactive and fun workshop will last 60 minutes in an online workshop format. We take a "grab and go" approach: grab an idea or two and go try it. All participants will walk away with ideas, resources, and the full curriculum upon request. If you've been wondering about starting another source of income on the side, this webinar is for you!

Session facilitated by Credit Counselling Society.

- ▶ Date: Friday, Jan. 30, 2026
- ▶ Time: noon to 1 p.m.
- ▶ Location: Online - Zoom session
- ▶ Registration: [Online](#) or email Taryn at [taryn.garbitt@leduc-county.com](mailto:taryn.garbitt@leduc-county.com)

