



## NEWS UPDATE JAN. 5TH-9TH

### Upcoming Events

- Jan. 5th -First Day back to school
- Jan. 5th-Kindergarten Registration Opens
- Jan. 5th-PowerSchool Report Cards Shut off to Parents.
- Jan. 15th-Spirit Day-Hat/Toque Day
- Jan. 23rd-24th-Girls Basketball Tourny

### SafeArrival

### Reporting your Absences

### Friendly Reminders Phone: 780-789-3776

- Doors open at 8:10 am for drop-off; please do not leave your children unsupervised
- Any changes to end-of-day instructions for your children need to be reported to the office before 2:45 pm.
- School Drop-off and Pick up- **DO NOT** use Staff Parking, **do not block driveways** and be considerate of other drivers.
- **Do not use bus lane (8:00-8:30, 2:30-3:15)**
- **Birthday Treats:** Our school guideline is that treats must be commercially produced to ensure safety and lessen contamination.



THORSBY ELEMENTARY SCHOOL

# KINDERGARTEN

## DAILY HALF DAY PROGRAM

SAVE THE DATE

Registration Opens: January 5, 2026

NEW

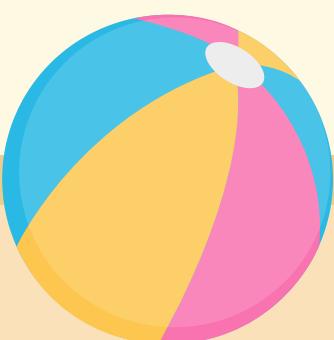
### BENEFITS OF HALF DAYS

- Supports how young children learn best
- Encourages consistent routines
- Builds strong social skills
- Supports emotional well-being

### HAPPY KID CHILDCARE

We are excited to partner with Happy Kid Childcare! For the 2026-2027 school year, they will offer out-of-school care, kindergarten care, and PD Day camps at TES. Happy Kid Childcare has a well-established program in Devon and Calmar.

For more information, visit: <https://happykidschildcare.ca/programs>



# ARCTIC SPAS REC COMPLEX

## PDDAY FIELDTRIP



### Fitset Ninja Laser City



9am-4pm



FRIDAY, JAN. 30<sup>TH</sup>

Warp Wall ■ Ninja Warrior Rigs ■

Salmon Ladder ■ Black Light Laser Tag ■

Flying Squirrel ■ Two Story Arena ■

Registration Required

**\$60, 7YR+**

**REGISTER NOW**

For a PD day field trip filled with mad ninja warrior rigs, strength challenging obstacle courses, & glow in the dark laser battles.



**780-789-4041**



4901-48Ave Thorsby AB



[thorsby.ca/recreation](http://thorsby.ca/recreation)



# THE INK SPOT

## Writers Club



### EVERYONE WELCOME

DO YOU LOVE TO WRITE STORIES, POEMS, OR JOURNALS? JOIN US AT  
THE INK SPOT WRITERS CLUB!

WRITERS OF ALL AGES AND LEVELS ARE WELCOME. BRING YOUR  
IDEAS, YOUR IMAGINATION, AND YOUR WORDS. EACH MONTH WE'LL  
SHARE INSPIRATION, PRACTICE CREATIVE PROMPTS, AND SUPPORT  
EACH OTHER'S WRITING JOURNEYS. COME CONNECT WITH FELLOW  
STORYTELLERS AND LET YOUR CREATIVITY FLOW!

EVERY 2<sup>ND</sup> THURSDAY

**OCTOBER 9**

6:30 PM TO 7:30 PM

# Black Gold Early Intervention Pre-Kindergarten



## Our Early Intervention Pre-Kindergarten program intake is now open!

Do you have a preschooler who faces challenges like...

- following directions
- communication issues
- anxiety
- developmental delays

If yes - then early intervention is crucial.

Don't wait for things to get harder—take action now to give your child the best start to their education career. Invest their future success by applying for a screening to find out if your child can qualify for our Early Intervention Pre-Kindergarten (EI-PreK) program!

**Space is limited, sign up today!**

For more information, contact Early Childhood Services Coordinator **Rebecca Aiken** at [rebecca.aiken@blackgold.ca](mailto:rebecca.aiken@blackgold.ca)

[www.blackgold.ca/programs/pre-kindergarten](http://www.blackgold.ca/programs/pre-kindergarten)



# PLAY ON!

WE'LL HELP WITH THE SPORT  
REGISTRATION FEES.

Alberta

**EVERY KID  
CAN PLAY**

A GOVERNMENT OF ALBERTA PROGRAM  
POWERED BY KIDSPIRIT



Your child could be eligible for a grant up to \$250 to help cover sport registration fees! Find out more at [kidsportcanada.ca/alberta/leduc-and-county](http://kidsportcanada.ca/alberta/leduc-and-county)

# Relationship Skills Workshops

Relationship Skills is a series of four free workshops for adults designed to enhance participants' knowledge and skills to support healthy relationships with self and others. By registering, participants will receive one zoom link and are encouraged to attend any of the sessions.

*This workshop is delivered online; a reliable Internet connection required.*



## Upcoming Free Workshops

### Module 1: Relationship with Self

Knowing ourselves can help us define what is important to us in relationships. This workshop helps us to learn about ourselves through identifying our personal values. This can increase our ability to be more intentional about the choices that we make.

**Tuesday, February 3, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

### Module 2: Boundaries

Boundaries help us to support our sense of self as being different from others, empowering us to make choices within our relationships. This workshop looks at what boundaries are, where they come from and some skills to establish them.

**Tuesday, February 10, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

### Module 3: Enhancing Communication

This workshop explores communication methods and styles that can affect how our message is delivered and received. We will look at how to apply skills that can enhance the way we communicate with others.

**Tuesday, February 17, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

### Module 4: Listen to Understand

Listening skills improve our relationships by helping us to connect with others and their perspective. This workshop looks at skills that can help us to listen and respond with intention.

**Tuesday, February 24, 2026** 6 p.m. to 7:15 p.m.

**Register Here**

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

For more information or help registering, contact: Kristin Gitzel at 780-955-6421 or [kristin@leduc-county.com](mailto:kristin@leduc-county.com)



Relationship Skills Series was developed by:  
Recovery Alberta, Mental Health Promotion & Illness Prevention in collaboration with North Zone Addiction & Mental Health.  
© 2025, Recovery Alberta  
Version: 01. June 2025. Email: [MentalHealthPromotion@recoveryalberta.ca](mailto:MentalHealthPromotion@recoveryalberta.ca)



# MANAGING MENOPAUSE

### Dealing with hot flashes, night sweats, trouble sleeping or mood swings related to menopause?

Discover ways to help manage these symptoms through lifestyle changes, pelvic floor therapy, non-prescription and prescription therapy options including a detailed discussion on hormone therapy.

- ▶ **Date:** Tuesday, Feb. 10, 2026
- ▶ **Time:** 6 to 8 p.m.
- ▶ **Location:** Online - Zoom
- ▶ **Registration:** [leduc-county.com/managing-menopause](https://www.leduc-county.com/managing-menopause), call **780-941-2382** or email [taryn.garbitt@leduc-county.com](mailto:taryn.garbitt@leduc-county.com)

Deadline to register: **Feb. 6**



## Join the conversation!

Sessions will be facilitated by Melissa, a registered nurse at the Leduc Beaumont Devon Primary Care Network. Melissa grew up on a farm in Leduc County and has built her career in rural nursing.



## 65 Side Hustles

Join us for an interactive and fun workshop where you will be able to:

- ▶ Develop an understanding of the benefits to having a side hustle
- ▶ List out the logistics involved in starting a side hustle
- ▶ Know the basic tax responsibilities of earning extra income
- ▶ Identify various skillsets to know which of the 65 side hustles is best for you!

This interactive and fun workshop will last 60 minutes in an online workshop format. We take a "grab and go" approach: grab an idea or two and go try it. All participants will walk away with ideas, resources, and the full curriculum upon request. If you've been wondering about starting another source of income on the side, this webinar is for you!

Session facilitated by Credit Counselling Society.

- ▶ Date: Friday, Jan. 30, 2026
- ▶ Time: noon to 1 p.m.
- ▶ Location: Online - Zoom session
- ▶ Registration: [Online](#) or email Taryn at [taryn.garbitt@leduc-county.com](mailto:taryn.garbitt@leduc-county.com)

