



NEWS UPDATE FEB. 2ND-FEB. 6TH

Upcoming Events

- Feb. 5th & 6th-Teachers Convention- Schools Closed
- Feb. 10th-Spirit Day-Favorite Character
- Feb. 13th-Spirit Day-Red/Pink/White
- Feb. 16th-Schools Closed-Family Day
- Feb. 17th-No PreK Classes
- Feb. 24th-TEPA Meeting-6pm
- Feb. 25th-Spirit Day-Pink Shirt Day
- March 5th&6th-Girls Floor Hockey
- March 9th-PD Day-No Students
- March 10th-No PreK or Kinder Classes

SafeArrival

Reporting your Absences

Teachers' Convention

No School Feb. 5th or 6th

Friendly Reminders

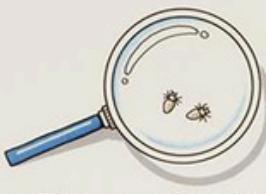
Phone: 780-789-3776

- Doors open at 8:10 am for drop-off; please do not leave your children unsupervised
- Any changes to end-of-day instructions for your children need to be reported to the office before 2:45 pm.
- School Drop-off and Pick up- **DO NOT** use Staff Parking, **do not block driveways** and be considerate of other drivers.
- Do not use bus lane (8:00-8:30, 2:30-3:15)
- Birthday Treats: Our school guideline is that treats must be commercially produced to ensure safety and lessen contamination.



lice are not nice.

(BUT ANYONE CAN GET THEM)



1. These are head lice... tiny insects that live on the scalp. (Shown 3x actual size)

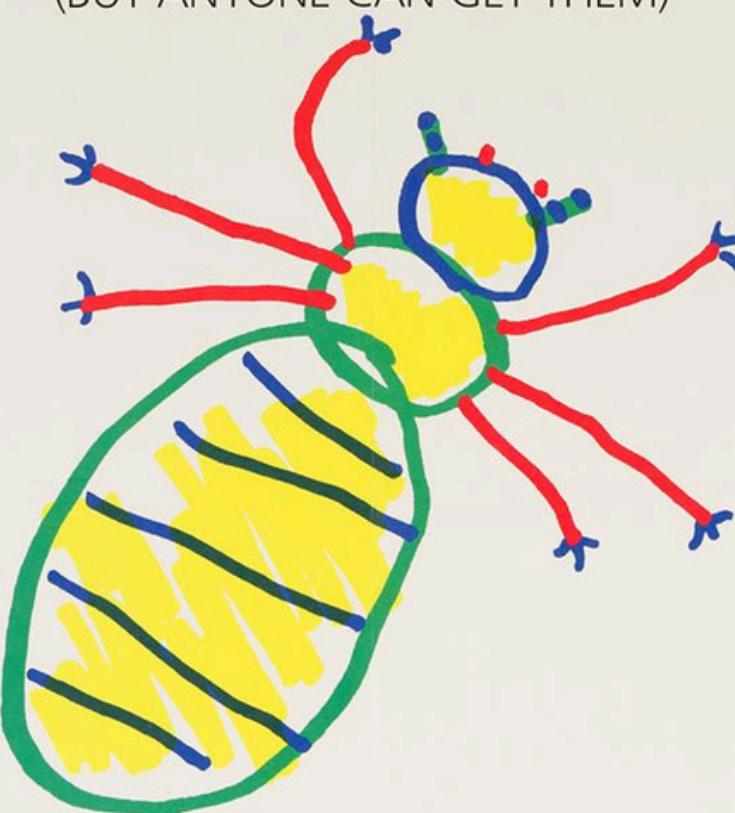


2. If you get lice, you may not be able to see them. But you'll feel them... because they make your head *itch*.

3. Lots of kids get lice, because they spread very easily even though they can't jump or fly.



4. So don't try on your friends' hats, scarves or other clothing, or borrow their combs or brushes.



5. If your head itches a lot, tell your teacher or the nurse right away.



6. You may not have lice, but they can tell if you do.



10. So you won't itch anymore!

9. Your parents will also wash or dry-clean your bedding and clothing, and use a special spray that kills lice on carpets and furniture.



8. Then they'll use a special comb to help get all the lice and lice eggs out of your hair.



7. If you do, your parents will wash your hair with a special shampoo the nurse recommends. It kills lice *fast*, but it won't hurt you.

THORSBY ELEMENTARY SCHOOL

KINDERGARTEN

DAILY HALF DAY PROGRAM

SAVE THE DATE

Registration Opened: January 5th, 2026

NEW

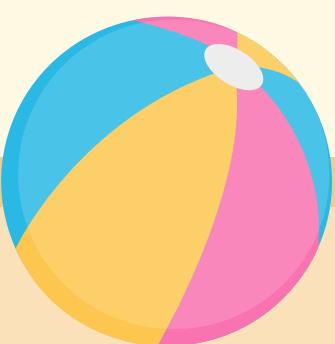
BENEFITS OF HALF DAYS

- Supports how young children learn best
- Encourages consistent routines
- Builds strong social skills
- Supports emotional well-being

For more information visit <https://happykidschildcare.ca/home>.

Thorsby School:

thorsbychildcare@gmail.com



Arctic Spas Rec Complex

MAD SCIENTIST CAMP

Thursday, February 5th
10am-2pm



Looking for an electrifying way to spend your PD Day? Join us at Arctic Spas Rec Complex for a day of wild experiments and scientific discovery! Our Mad Scientist day camp is officially open for registration, and things are about to get messy (in the best way possible).

Ages 7+

\$25

Lunch Included

**please pack ice skates, a helmet, and outdoor gear

Scientists will make:

- Fake fingers
- Slime
- Home made snow
- Giant DNA chains
- Atomic atoms



780-789-4041



thorsby.ca/recreation



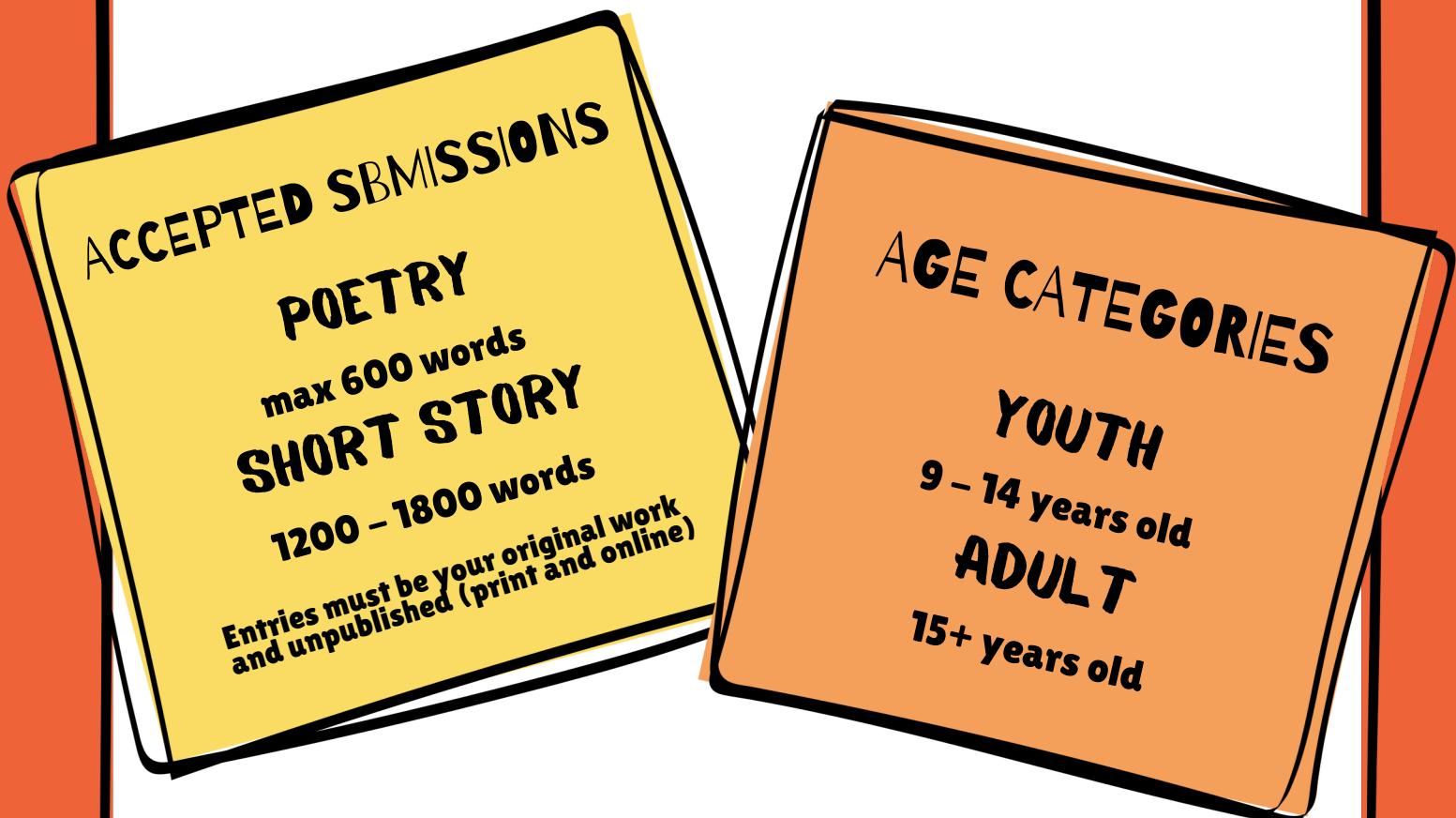
4901-48Ave Thorsby, AB





CALMAR LIBRARY WRITING CONTEST

**SUBMISSION PERIOD:
JANUARY 1 - FEBRUARY 27, 2026**



The writing contest is open to Calmar, Devon, Leduc, Thorsby, Warburg, Millet, and area residents. You can submit a maximum of one poem and one short story. Entries must be typed and submitted via email as attached Microsoft Word documents or within the body of your email.

Questions?

For a complete set of rules or more information, email: circulation@calmarpubliclibrary.ca

Black Gold Early Intervention Pre-Kindergarten



Our Early Intervention Pre-Kindergarten program intake is now open!

Do you have a preschooler who faces challenges like...

- following directions
- communication issues
- anxiety
- developmental delays

If yes - then early intervention is crucial.

Don't wait for things to get harder—take action now to give your child the best start to their education career. Invest their future success by applying for a screening to find out if your child can qualify for our Early Intervention Pre-Kindergarten (EI-PreK) program!

Space is limited, sign up today!

For more information, contact Early Childhood Services Coordinator **Rebecca Aiken** at rebecca.aiken@blackgold.ca

www.blackgold.ca/programs/pre-kindergarten



PLAY ON!

WE'LL HELP WITH THE SPORT
REGISTRATION FEES.

Alberta

**EVERY KID
CAN PLAY**

A GOVERNMENT OF ALBERTA PROGRAM
POWERED BY KIDSPIRIT



Your child could be eligible for a grant up to \$250 to help cover sport registration fees! Find out more at kidsportcanada.ca/alberta/leduc-and-county



Relationship Skills Workshops

Relationship Skills is a series of four free workshops for adults designed to enhance participants' knowledge and skills to support healthy relationships with self and others. By registering, participants will receive one zoom link and are encouraged to attend any of the sessions.

This workshop is delivered online; a reliable Internet connection required.



Upcoming Free Workshops

Module 1: Relationship with Self

Knowing ourselves can help us define what is important to us in relationships. This workshop helps us to learn about ourselves through identifying our personal values. This can increase our ability to be more intentional about the choices that we make.

Tuesday, February 3, 2026 6 p.m. to 7:15 p.m.

Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

Module 2: Boundaries

Boundaries help us to support our sense of self as being different from others, empowering us to make choices within our relationships. This workshop looks at what boundaries are, where they come from and some skills to establish them.

Tuesday, February 10, 2026 6 p.m. to 7:15 p.m.

Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

Module 3: Enhancing Communication

This workshop explores communication methods and styles that can affect how our message is delivered and received. We will look at how to apply skills that can enhance the way we communicate with others.

Tuesday, February 17, 2026 6 p.m. to 7:15 p.m.

Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

Module 4: Listen to Understand

Listening skills improve our relationships by helping us to connect with others and their perspective. This workshop looks at skills that can help us to listen and respond with intention.

Tuesday, February 24, 2026 6 p.m. to 7:15 p.m.

Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

For more information or help registering, contact: Kristin Gitzel at 780-955-6421 or kristin@leduc-county.com.



Relationship Skills Series was developed by:
Recovery Alberta, Mental Health Promotion & Illness Prevention in collaboration with North Zone Addiction & Mental Health.
© 2025, Recovery Alberta
Version: 01, June 2025. Email: MentalHealthPromotion@recoveryalberta.ca



Dealing with hot flashes, night sweats, trouble sleeping or mood swings related to menopause?

Discover ways to help manage these symptoms through lifestyle changes, pelvic floor therapy, non-prescription and prescription therapy options including a detailed discussion on hormone therapy.

► **Date:** Tuesday, Feb. 10, 2026

► **Time:** 6 to 8 p.m.

► **Location:** Online - Zoom

► **Registration:** [leduc-county.com/managing-menopause](https://www.leduc-county.com/managing-menopause), call **780-941-2382** or email taryn.garbitt@leduc-county.com
Deadline to register: **Feb. 6**



Join the conversation!

Sessions will be facilitated by Melissa, a registered nurse at the Leduc Beaumont Devon Primary Care Network. Melissa grew up on a farm in Leduc County and has built her career in rural nursing.

