



## NEWS UPDATE FEB. 9TH-FEB. 13TH

### Upcoming Events

- Feb. 10th-Spirit Day-Favorite Character
- Feb. 11th-Parent Presentation (Internet Safety)
- Feb. 13th-Spirit Day-Red/Pink/White
- Feb. 16th-Schools Closed-Family Day
- Feb. 17th-No PreK Classes
- Feb. 24th-TEPA Meeting-6pm
- Feb. 25th-Spirit Day-Pink Shirt Day
- March 5th&6th-3/4 Girls Floor Hockey
- March 9th-PD Day-No Students
- March 10th-No PreK or Kinder Classes
- March 13th&14th-3/4 Boys Floor Hockey

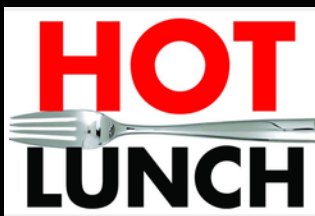
### Friendly Reminders

**Phone: 780-789-3776**

- Doors open at 8:10 am for drop-off; please do not leave your children unsupervised
- Any changes to end-of-day instructions for your children need to be reported to the office before 2:45 pm.
- School Drop-off and Pick up- **DO NOT** use Staff Parking, **do not block driveways** and be considerate of other drivers.
- Do not use bus lane  
(8:00-8:30, 2:30-3:15)
- Birthday Treats: Our school guideline is that treats must be commercially produced to ensure safety and lessen contamination.

## SafeArrival

### Reporting your Absences



**Orders for March**  
**Due. Feb. 19th**  
Hot Lunch Order Link

## VALENTINE'S DAY



RCMP

# Alberta Internet Child Exploitation Team

## Parent Presentation

### Protecting Our Community:

Parents/guardians and community members of Thorsby and Warburg are invited to a critical presentation by the Alberta Internet Child Exploitation (I.C.E.) Unit. Join us to learn how to keep our children safe.



### Details:

- **Presenters:** Constable Stephanie Bosch (Edmonton Police Service) and Constable Scott Sterling (RCMP) from ALERT's Northern Alberta Internet Child Exploitation unit (NAICE).
- **Focus:** Emerging online risks and practical tips for parents on how to speak to their children about these difficult issues.



**February 11, 2026 6:00-8:00 PM**

**Location:**

**Thorsby Elementary School  
Gym**

**For questions please call TES at 780-789-3776.**

Yes! It is 100%  
Raw  
Alberta Honey

# Sweet Infusion HONEY FUNDRAISER

This honey, made from local, unpasteurized honey with natural ingredients, retaining all its health benefits. Perfect for toast, waffles, sweetening drinks, or enhancing recipes. More at [www.sweetinfusionhoney.com](http://www.sweetinfusionhoney.com)

All Pricing is shown on the order form

## FLAVOURED HONEY

### 300G JARS



### FLAVOURS

EXTREME LEMON  
BOLD CINNAMON  
CHOCOLATE  
LEMON GINGER  
LEMON LIME

FRESH MINT  
GOLDEN CHAI  
PUMPKIN SPICE  
HOT WING  
SWEET SRIRACHA

### 1 KG TUBS



RASPBERRY  
BLUEBERRY  
MIXED BERRY

## CREAMED HONEY



## SAMPLE BOX SETS



BERRY

SET #1

SET #2

YOUR FUNDRAISER CONTACT WILL BE HAPPY TO TAKE YOUR ORDER  
FOR INFORMATION ON OUR COMPANY VISIT OUR WEBSITE

[SWEETINFUSIONHONEY.COM](http://SWEETINFUSIONHONEY.COM)

\*\* NO PRODUCTS ARE SHOWN TO SCALE



»»» Arctic Spas Rec Complex «««

# Valentine's Party



Wednesday, February 11th  
3-4:30pm

Calling all Glitter-Gurus! Put on your brightest red, pink, or purple gear and get ready for a sparkle-tastic Valentine's Party!

Cupid's taking over the Rec Complex for an afternoon of epic games, sugar-coated fun, and of course Valentine's! All participants will make a extravagant Valentine card and also be given a package of Valentine's cards to take home to handout to their friends.

\$5/participant

\*\*registrationrequired Children under 7 please bring a chaperone



780-789-4041



[thorsby.ca/recreation](http://thorsby.ca/recreation)



4901-48Ave Thorsby AB





# FREE TRY RUGBY JUNIORS CAMP



Feb 14 & March 14  
10-11 am ~ U5 - U9  
11-12 pm ~ U11 - U18  
Leduc Rec Center  
4330 Black Gold Dr.  
Leduc, AB

No Experience  
Necessary  
Bring a Friend



April 13 & 20  
6 - 7 pm  
U5 - U18  
Nisku Turf Center  
1030 - 34 ave  
Nisku, AB

For More Info email [lacrudejuniorvp@gmail.com](mailto:lacrudejuniorvp@gmail.com)



# LICE ARE NOT NICE.

(BUT ANYONE CAN GET THEM)



1. These are head lice... tiny insects that live on the scalp. (Shown 3x actual size)

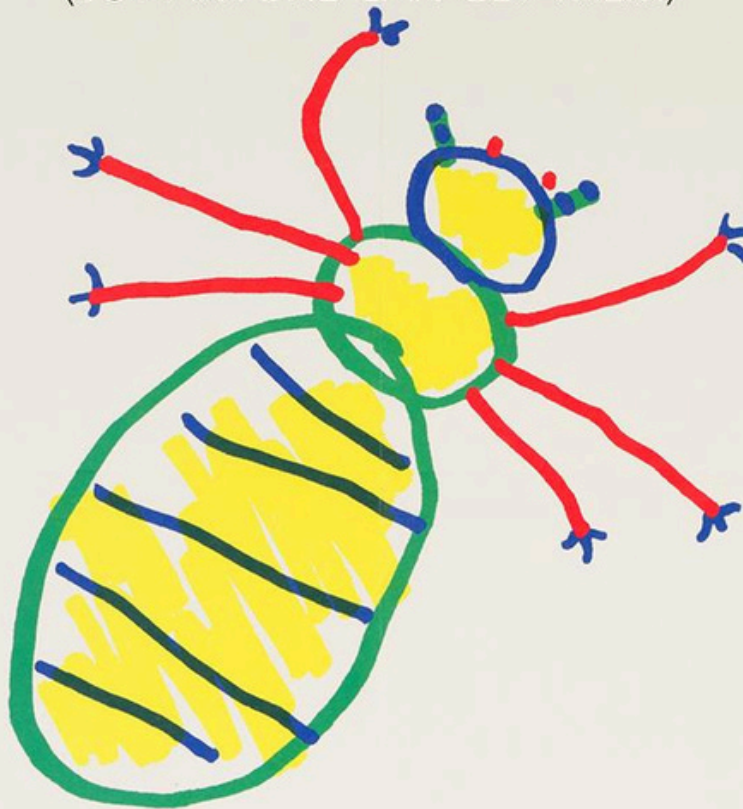


2. If you get lice, you may not be able to see them. But you'll feel them... because they make your head *itch*.

3. Lots of kids get lice, because they spread very easily even though they can't jump or fly.



4. So don't try on your friends' hats, scarves or other clothing, or borrow their combs or brushes.



5. If your head itches a lot, tell your teacher or the nurse right away.



6. You may not have lice, but they can tell if you do.



10. So you won't itch anymore!

9. Your parents will also wash or dry-clean your bedding and clothing, and use a special spray that kills lice on carpets and furniture.



8. Then they'll use a special comb to help get all the lice and lice eggs out of your hair.



7. If you do, your parents will wash your hair with a special shampoo the nurse recommends. It kills lice *fast*, but it won't hurt you.

THORSBY ELEMENTARY SCHOOL

# KINDERGARTEN

## DAILY HALF DAY PROGRAM

SAVE THE DATE

Registration Opens: January 5, 2026

NEW

### BENEFITS OF HALF DAYS

- Supports how young children learn best
- Encourages consistent routines
- Builds strong social skills
- Supports emotional well-being

### THORSBY CHILDCARE CENTRE

We are excited to partner with Thorsby Childcare Centre! For the 2026-2027 school year, they will offer out-of-school care, kindergarten care, and PD Day camps at TES. Thorsby Childcare has a well-established program in Devon and Calmar.

For more information visit <https://www.blackgold.ca/out-of-school-care-program> or email [thorsbychildcare@gmail.com](mailto:thorsbychildcare@gmail.com)





# CALMAR LIBRARY WRITING CONTEST

**SUBMISSION PERIOD:  
JANUARY 1 - FEBRUARY 27, 2026**

## ACCEPTED SUBMISSIONS

### POETRY

max 600 words

### SHORT STORY

1200 – 1800 words

Entries must be your original work  
and unpublished (print and online)

## AGE CATEGORIES

### YOUTH

9 – 14 years old

### ADULT

15+ years old

The writing contest is open to Calmar, Devon, Leduc, Thorsby, Warburg, Millet, and area residents. You can submit a maximum of one poem and one short story. Entries must be typed and submitted via email as attached Microsoft Word documents or within the body of your email.

## Questions?

For a complete set of rules or more information, email: [circulation@calmarpubliclibrary.ca](mailto:circulation@calmarpubliclibrary.ca)



# Black Gold Early Intervention Pre-Kindergarten



## Our Early Intervention Pre-Kindergarten program intake is now open!

Do you have a preschooler who faces challenges like...

- following directions
- communication issues
- anxiety
- developmental delays

If yes - then early intervention is crucial.

Don't wait for things to get harder—take action now to give your child the best start to their education career. Invest their future success by applying for a screening to find out if your child can qualify for our Early Intervention Pre-Kindergarten (EI-PreK) program!

**Space is limited, sign up today!**

**For more information**, contact Early Childhood Services Coordinator **Rebecca Aiken** at **[rebecca.aiken@blackgold.ca](mailto:rebecca.aiken@blackgold.ca)**  
**[www.blackgold.ca/programs/pre-kindergarten](http://www.blackgold.ca/programs/pre-kindergarten)**





# PLAY ON!

## WE'LL HELP WITH THE SPORT REGISTRATION FEES.

Alberta

**EVERY KID  
CAN PLAY**

A GOVERNMENT OF ALBERTA PROGRAM  
POWERED BY KIDSPORT



Your child could be eligible for a grant up to \$250 to help cover sport registration fees! Find out more at [kidsportcanada.ca/alberta/educ-and-county](https://kidsportcanada.ca/alberta/educ-and-county)



## Relationship Skills Workshops

Relationship Skills is a series of four free workshops for adults designed to enhance participants' knowledge and skills to support healthy relationships with self and others. By registering, participants will receive one zoom link and are encouraged to attend any of the sessions.



*This workshop is delivered online; a reliable Internet connection required.*

### Upcoming Free Workshops

#### Module 1: Relationship with Self

Knowing ourselves can help us define what is important to us in relationships. This workshop helps us to learn about ourselves through identifying our personal values. This can increase our ability to be more intentional about the choices that we make.

**Tuesday, February 3, 2026** 6 p.m. to 7:15 p.m.

##### Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

#### Module 2: Boundaries

Boundaries help us to support our sense of self as being different from others, empowering us to make choices within our relationships. This workshop looks at what boundaries are, where they come from and some skills to establish them.

**Tuesday, February 10, 2026** 6 p.m. to 7:15 p.m.

##### Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

#### Module 3: Enhancing Communication

This workshop explores communication methods and styles that can affect how our message is delivered and received. We will look at how to apply skills that can enhance the way we communicate with others.

**Tuesday, February 17, 2026** 6 p.m. to 7:15 p.m.

##### Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

#### Module 4: Listen to Understand

Listening skills improve our relationships by helping us to connect with others and their perspective. This workshop looks at skills that can help us to listen and respond with intention.

**Tuesday, February 24, 2026** 6 p.m. to 7:15 p.m.

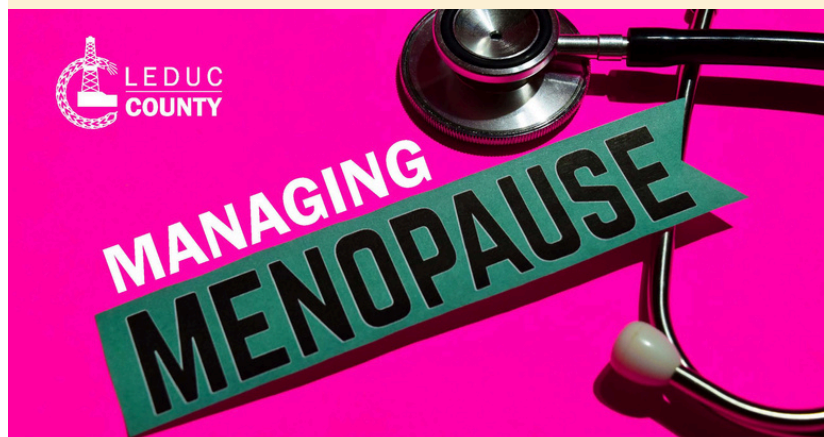
##### Register Here

<https://www.leduc-county.com/event-registrations/event-registration-feb-3-24-relationship-skills-series>

For more information or help registering, contact: Kristin Gitzel at 780-955-6421 or [kristin@leduc-county.com](mailto:kristin@leduc-county.com).



Relationship Skills Series was developed by:  
Recovery Alberta, Mental Health Promotion & Illness Prevention in collaboration with North Zone Addiction & Mental Health.  
© 2025, Recovery Alberta  
Version: 01, June 2025, Email: [MentalHealthPromotion@recoveryalberta.ca](mailto:MentalHealthPromotion@recoveryalberta.ca)



#### Dealing with hot flashes, night sweats, trouble sleeping or mood swings related to menopause?

Discover ways to help manage these symptoms through lifestyle changes, pelvic floor therapy, non-prescription and prescription therapy options including a detailed discussion on hormone therapy.

► **Date:** Tuesday, Feb. 10, 2026

► **Time:** 6 to 8 p.m.

► **Location:** Online - Zoom

► **Registration:** [leduc-county.com/managing-menopause](https://www.leduc-county.com/managing-menopause), call **780-941-2382** or email [taryn.garbitt@leduc-county.com](mailto:taryn.garbitt@leduc-county.com)  
Deadline to register: **Feb. 6**



## Join the conversation!

Sessions will be facilitated by Melissa, a registered nurse at the Leduc Beaumont Devon Primary Care Network. Melissa grew up on a farm in Leduc County and has built her career in rural nursing.

